

Shiatsu Books Read Me

Two Versions of the same texts:

1. B&W+blanks for printing
2. Color+continuous for devices

- **Blank pages** have been inserted into the books/pdf's, for printing so that pagination works out correctly. especially important for proper [back to back / double sided] printing.

I frequently intend for the L & R facing pages to be looked at together.

You can omit them if you are:

- A. printing single sided *or*
- B. not going to bind or punch holes and put into a binder.

1. Black & White Versions

Use these if you:

- A. prefer white paper and simple B&W printing,
my gray shading will show properly and be consistent.
- B. don't have a color printer.
- C. prefer to use colored paper. This is usually be cheaper than color printing.

2. Color Versions are intended primarily for devices (computers, tablets, even phones).

They will print B&W, but all the colors will print as varying shades of grey.

Typically it will not obliterate the text, making them still perfectly readable,

except for some of the darker colors, which I have tried to avoid in these books.

- Run a test page or two to see how it turns out on your printer. Test the darkest colors.

- You can simply read and even study directly from my website,
but if you want to interact with the book (as was intended) it works best to print it out.
Taking/sending the pdf to a professional printer works best in most cases,
but is, of course, more expensive - shop around.

* I hope all of you find the books useful as well as more accessible.