

Pathogenic Factors in Chinese Medicine

Exogenous Pathogens

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|-------------|---|---|--|
| Fēng | R. 142 hui ³ = bug, worm R. 182 fēng ¹ = wind Ph. 786 fēng ¹ = wind, breath ZW: 47/4 | 風 | spring winds awaken insects from hibernation |
| Hán | R. 40 mian ² = roof Ph. 100 xia ³ = to stop up R. 15 bing ¹ = ice crystals ZW: 15/146 | 寒 | roof, shelter person stuffing straw to insulate against ice = cold |
| Lěng | R. 15 bing ¹ = ice crystals Ph. 438 ling ⁴ = to seal, law, to cause ZW: 44/38 | 冷 | to cause ice to form = cold |
| Rè | R. 86 huo ³ = fire Ph. 305 yi ⁴ = skill, craft, art ZW: 66/39 | 熱 | a mound of earth hand holding a tool tilling the earth/mound to grow food requires warmth/heat makes fever |
| Zào | R. 86 huo ³ = fire Ph. 697 zao ⁴ = chirping of birds or cicadas W: 72L twittering birds ZW: 68/25 | 燥 | fire causes dryness parched |
| Shī | R. 85 shui ³ = water Ph. 802 xian ³ = volatile; fibrous, infinitesimal ZW: 153/11 | 濕 | water sun silk threads (not fire R.) = to make visible, apparent the sun makes water visible as vapors steaming? = dampness |
| Shǔ | R. 72 ri ⁴ = sun Ph. 192 zhe ³ = particle (add to verb to form noun) W: 159B continuing ZW: 76/31 | 暑 | sun makes hot weather 76/24 zhe = clear, white + grain or sugarcane describes summer continual sun = summerheat |

R. = radical Ph. = Phonetic
ZW = Zhong Wen (Classical Dictionary by Rick Harbaugh) / W: = Wieger (Etymology)

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Endogenous Pathogens

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|-------------|--|----|--|
| Zhì | R. 61 xin ¹ = heart Ph. 65 shi ⁴ = scholar 66/56 zhi ¹ = sprout develops, not scholar ZW: 31/20 | 志 | the heart/mind of a scholar, gentleman, officer * that which develops in the Ht is emotion the spirit that resides in the K = will, purpose |
| Qíng | R. 61 xin ¹ = heart Ph. 82 = qing ¹ = blue-green ZW: 70/70 | 情 | heart that is pure like the color of the sky or of nature itself = feels, feeling |
| Nù | R. 61 xin ¹ = heart Ph. 553 nu ² = slave, servant nū ³ = woman, female, girl ZW: 54/2-3-4 | 怒 | the heart/mind of a slave, servant (woman + hand of the master) = angry, enraged, incensed |
| Xǐ | R. 30 kou ³ = mouth Ph. 739 = xi ³ = joy, rejoice, delight ZW: 69/109 | 喜 | a drum + a mouth = to celebrate = happiness |
| Lè (yuè) | R. 75 mu ³ = tree, wood Ph. 490 le ⁴ = joy, rejoice, laugh ZW: 69/109 | 樂 | drums & silk = stringed instruments on a wood stand = music (yue) music makes one happy & joyful = le + herb R. makes medicine |
| Sī | R. 61 xin ¹ = heart Ph. 379 si ¹ = think, reflect ZW: 143/7 | 思 | 囟 xin ⁴ 143/1 = head, skull + heart/mind = to think to worry |
| Yōu | R. 61 xin ¹ = heart Ph. 412 you ¹ = anxious; sad ZW: 148/13 | 憂 | head covered = troubled heart sui ¹ = R. 35 walk slowly (shuffle) walk hobbled = anxiety |
| Bēi | R. 61 xin ¹ = heart Ph. 418 = R. 175 fei ¹ = not, not right; wrong; false to oppose, contradict ZW: 169/11 | 悲 | when the heart is not right or Ht & mind are opposed = grief, pity, sympathy sorrow, melancholy |
| Kǒng | R. 61 xin ¹ = heart Ph. 8 gong ¹ = work; time zhu ⁴ = hold (tool in hand) zhu ⁴ = w/ wood & bamboo = build ZW: 51/19 | 恐 | hold on to your heart = fear, dread, terror work (make noise) to scare away sound the alarm; drum up courage |
| Jīng | R. 187 ma ³ = horse Ph. 228 jing ⁴ = respect, revere restrain from striking pu ¹ = R. 66 = to rap, knock ZW: 18/30-29-28 | 驚馬 | gou ³ = careless pu ¹ = strike of a horse will startle & frighten it |

(Note: the 5 Zhi [**bold**] all contain the heart radical)