

Pathogenic Factors in Chinese Medicine

Exogenous Pathogens

Fēng	R. 142 hui ³ = bug, worm R. 182 fēng ¹ = wind Ph. 786 fēng ¹ = wind, breath ZW: 47/4	風	spring winds awaken insects from hibernation
Hán	R. 40 mian ² = roof Ph. 100 xia ³ = to stop up R. 15 bing ¹ = ice crystals ZW: 15/146	寒	roof, shelter person stuffing straw to insulate against ice = cold
Lěng	R. 15 bing ¹ = ice crystals Ph. 438 ling ⁴ = to seal, law, to cause ZW: 44/38	冷	to cause ice to form = cold
Rè	R. 86 huo ³ = fire Ph. 305 yi ⁴ = skill, craft, art ZW: 66/39	熱	a mound of earth hand holding a tool tilling the earth/mound to grow food requires warmth/heat makes fever
Zào	R. 86 huo ³ = fire Ph. 697 zao ⁴ = chirping of birds or cicadas W: 72L twittering birds ZW: 68/25	燥	fire causes dryness parched
Shī	R. 85 shui ³ = water Ph. 802 xian ³ = volatile; fibrous, infinitesimal ZW: 153/11	濕	water sun silk threads (not fire R.) = to make visible, apparent the sun makes water visible as vapors steaming? = dampness
Shǔ	R. 72 ri ⁴ = sun Ph. 192 zhe ³ = particle (add to verb to form noun) W: 159B continuing ZW: 76/31	暑	sun makes hot weather 76/24 zhe = clear, white + grain or sugarcane describes summer continual sun = summerheat

R. = radical Ph. = Phonetic
ZW = Zhong Wen (Classical Dictionary by Rick Harbaugh) / W: = Wiegner (Etymology)

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Endogenous Pathogens

Zhì	R. 61 xin ¹ = heart Ph. 65 shi ⁴ = scholar 66/56 zhi ¹ = sprout develops, not scholar ZW: 31/20	志	the heart/mind of a scholar, gentleman, officer * that which develops in the Ht is emotion the spirit that resides in the K = will, purpose
Qíng	R. 61 xin ¹ = heart Ph. 82 = qing ¹ = blue-green ZW: 70/70	情	heart that is pure like the color of the sky or of nature itself = feels, feeling
Nù	R. 61 xin ¹ = heart Ph. 553 nu ² = slave, servant nū ³ = woman, female, girl ZW: 54/2-3-4	怒	the heart/mind of a slave, servant (woman + hand of the master) = angry, enraged, incensed
Xǐ	R. 30 kou ³ = mouth Ph. 739 = xi ³ = joy, rejoice, delight ZW: 69/109	喜	a drum + a mouth = to celebrate = happiness
Lè (yuè)	R. 75 mu ³ = tree, wood Ph. 490 le ⁴ = joy, rejoice, laugh ZW: 69/109	樂	drums & silk = stringed instruments on a wood stand = music (yue) music makes one happy & joyful = le + herb R. makes medicine
Sī	R. 61 xin ¹ = heart Ph. 379 si ¹ = think, reflect ZW: 143/7	思	囟 xin ⁴ 143/1 = head, skull + heart/mind = to think to worry
Yōu	R. 61 xin ¹ = heart Ph. 412 you ¹ = anxious; sad ZW: 148/13	憂	head covered = troubled heart sui ¹ = R. 35 walk slowly (shuffle) walk hobbled = anxiety
Bēi	R. 61 xin ¹ = heart Ph. 418 = R. 175 fei ¹ = not, not right; wrong; false to oppose, contradict ZW: 169/11	悲	when the heart is not right or Ht & mind are opposed = grief, pity, sympathy sorrow, melancholy
Kǒng	R. 61 xin ¹ = heart Ph. 8 gong ¹ = work; time zhu ⁴ = hold (tool in hand) zhu ⁴ = w/ wood & bamboo = build ZW: 51/19	恐	hold on to your heart = fear, dread, terror work (make noise) to scare away sound the alarm; drum up courage
Jīng	R. 187 ma ³ = horse Ph. 228 jing ⁴ = respect, revere restrain from striking pu ¹ = R. 66 = to rap, knock ZW: 18/30-29-28	驚馬	gou ³ = careless pu ¹ = strike of a horse will startle & frighten it

(Note: the 5 Zhi [**bold**] all contain the heart radical)